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features

17
All Four Seasons
by the Sea

Cape Cod’s four seasons all shine in their own ways and give visitors ample reasons to come to this sandy haven year-round. To help navigate the best of each season, we’ve crafted weekend itineraries that give a highlight reel of all there is to experience on the seashore in winter, spring, summer and fall.

BY JANICE RANDALL ROHLF

22
Creating Originals

Chatham Bars Inn’s Master Mixologist Adam Couto and his team went on a journey to develop a beverage menu as unique as the property itself, and it ended up leading them to some surprising places.

BY DANI SHULITON

“Their process leaves nothing to chance.”

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II The Must List
Combing through the Lower, Mid and Outer Cape’s top must-dos.

29 Inside CBI
Your complete guide to Chatham Bars Inn.

34 Exit Point
Locals and visitors “share” what staying at CBI looks like for them.

in this issue

departments

AWARD-WINNING HISTORIC RESTORATIONS
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an appreciation for the past

Just off Main Street, you’ll find the Atwood House Museum featuring 11 galleries with both permanent and temporary exhibits. On the grounds are the mid-twentieth-century Nickerson North Beach Camp, the Chatham School Bells display and the Chatham Light Display. The light display features the lantern house from Chatham’s twin light with its original Fresnel lens, which flashes its beam whenever the museum is open.
A FEW FEATHERLESS FRIENDS YOU MIGHT ALSO SEE

SEALS (PHOCIDAE)
The shallows of Monomoy are home to a large population of harbor and gray seals, about 30,000 strong and growing all the time.

HUMPBACK WHALE (MEGAPTERA NOVAEANGLIAE)
Visitors often catch a glimpse of these extra-large mammals, whose scientific name means “big wing of New England,” from Monomoy’s shores.

PIPING PLOVER (CHARADRIUS MELODUS)
Over 50 pairs of these federally threatened birds use South Monomoy Island as a safe nesting ground during spring breeding season. To spot them on the island, look out for their short bills, sandy coloring and the black ring around their neck.

RED KNOT (CALIDRIS CANUTUS)
Short and stout is a great way to describe this bulky shorebird with a red belly and a dark, spotted back. Spending the warmer months in their Arctic breeding ground, they make an autumnal pit stop in Chatham on their way to summer in South America.

ROSEATE TERN (STERNA DOUGALLII)
Protected under the Endangered Species Act, these communally minded birds normally breed in colonies and make themselves at home at Monomoy each breeding season (summer). Their favorite pastime is plunging for fish, making Chatham their perfect seaside home.

Chatham Candy Manor
A short stroll from the Inn, Chatham’s Main Street is lined with many lovely shops, but one storefront stands out with a pink awning that is reminiscent of a chocolate box, complete with a ribbon and bow. Chatham Candy Manor has been a hub for confection crawlers for more than 60 years. It sells classics like sugar-dipped fruit slices as well as more decadent offerings like dark chocolate-dipped marzipan and homemade fudge. Fill a bag with gummy treats or classic penny candy—whatever your indulgent inclination, make sure you get enough to share.

Chatham Orpheum Theater
Continue walking along Main Street and you’ll come upon a vertical, retro cinema sign that reads “Chatham Orpheum,” with movie titles and showtimes posted horizontally below. The Orpheum Theater, originally opened in 1916, was brought back to its former glory in 2011 when a grassroots movement began to bring movies back to Main Street. As soon as you step into the reinvigorated theater, you are greeted by a large mural that pays homage to modern actors like Johnny Depp, clad in his Jack Sparrow regalia, and classic film stars like Marilyn Monroe. The café inside offers food and cocktails that can be taken into the theater. The theater remains a thriving cultural center where both art film series and modern blockbusters can be found.

A SWEET STOP

Two longtime Chatham favorites make for the perfect evening out for date night or the whole family.
a stone's throw from inspiration

Some of the most awe-inspiring art galleries in town line Main Street just blocks apart from one another. Take an afternoon to explore Chatham’s most innovative art hubs.

**Struna Galleries**

458 Main Street

A true family business, Struna Galleries began when artist Timothy Jon Struna opened his personal studio and gallery in Brewster. A decade later, in 1998, Timothy’s daughter Heather opened a gallery on Chatham’s Main Street to display the artwork of both her and her father: oil, acrylic and watercolor paintings by Timothy and dry point custom engravings by Heather. Today, the generational talent of the family is still on display.

strunagalleries.com

**Yankee Ingenuity**

525 Main Street

A weather-worn, wood façade and deep red awning almost disguise the true colors of this unimposing but completely enthralling gallery. This craft mecca is an interior decorator’s dream with everything from original prints by self-taught Cape Cod-based photographer Jon Vaughan to intricately etched stemware. yankee-ingenuity.com

**Focus Gallery**

595 Main Street

To truly capture a moment is not always as easy as snapping a picture. It’s creating a complete three-dimensional scene in a viewer’s mind through depth, motion and detail. All the fine art photography prints on display at Focus are the epitome of capturing life through a lens. The photographers on display have a distinct flair for nautical subjects and will work with the gallery to produce any print to your size and finish specifications.

thefocusgalleries.com

**Gallery Antonia**

1291 Main Street

Gallery Antonia, a fine art gallery featuring local and regional artists, is the namesake of owner Domonic Boreffi’s paternal grandmother. She is honored by a beloved picture on Boreffi’s desk and her spirit is felt throughout the gallery in each of the bold, talented people who show their work there.

galleryantonia.com

OTHER ARTISTIC ENDEAVORS

Additional creative series and workshops that are worthy of a visit.

**Creative Arts Center**

154 Crowell Road

This epicenter of creative energy provides Chatham locals and visitors alike with an expansive offering of workshops in everything from painting to jewelry making taught by their staff and nationally known visiting artists. But not all the magic happens within the center’s walls – opt for one of their plein air workshops to experience the perfect cocktail of ocean air and creativity.

capecodcreativearts.org

**Chatham Art in the Park**

Kate Gould Park

As warm summer days approach, the lawn at Kate Gould Park becomes a showcase of mermaid and Cape Cod cutouts. The lawn decor is courtesy of The Chatham Merchants Association, which distributes wood cutouts to local artists to be painted and otherwise adorned for their annual fundraiser. On display from June through August, the art is eventually auctioned off at the culmination of the Cape’s busy season.

chathamartinthepark.net

**Friday Night Art Series**

At Chatham Bars Inn

In a meeting of creative minds, Chatham Bars Inn pays tribute to the power of art and community with an 11-event art series. Every Friday evening in the winter, Chatham Bars Inn hosts an exhibit in tandem with a Cape Cod-based art gallery, inviting local artists, gallery owners and the public to come together in the name of art and complimentary prosecco.

chathambarsinn.com

(SAND DUNES PAINTING) GALLERY ANTONIA; (SUNSET PHOTOGRAPH) CYNTHIA VALLINO - FOCUS GALLERY; (SAILBOAT PAINTING) STRUNA GALLERIES - CHATHAM; (VASE) JON VAUGHAN
With so much to offer throughout the year, Cape Cod shines in each of its four seasons. To help you make the most of a weekend visit, we’ve crafted four distinct itineraries packed with festive themed weekends, inviting restaurants and a slew of outdoor activities that beckon visitors year round.

BY JANICE RANDALL ROHLF
**Spring**

**Friday**
4 p.m.  **Settle in with spa and supper**

After checking into your room, take a walk on Chatham Bars Inn’s private, quarter-mile beach, then head to the resort’s luxurious Spa for a “Rejuvenating Scrub,” featuring products from the Inn’s farm, ideal for exfoliating and nourishing the skin. Without leaving the property, gather for dinner at the Sacred Cod Tavern and choose from several local and regional craft beers like “Coastal Encounter,” a hoppy pale ale brewed exclusively for Chatham Bars Inn by Plymouth’s Mayflower Brewery.

**Saturday**
7 a.m.  **Rise and Shine with Local Fare**

Start your day with breakfast at STARS, where the menu highlights the year’s first crops from the eight-acre Chatham Bars Inn Farm. Try the Inn’s Farm Frittata with farm greens, goat cheese, sautéed vegetables and breakfast potatoes.

10 a.m.  **Stretch Your Legs**

Borrow a complimentary bike from Chatham Bars Inn, choosing from one of three types: fat-tire for the beach, road bikes to use on a bike trail or road or cute turquoise cruisers with Nantucket baskets for a spin around Chatham’s charming downtown. Or, if a leisurely constitutional is more your style, several walking trails maintained by the Chatham Conservation Foundation (CCF) include Barclays Pond, which courses through pine-oak forest and provides lovely views of the pond. Trail maps are available at the CCF headquarters downtown at the nineteenth-century Mayo House.

1 p.m.  **Sample Local Seafood**

If you’re among the many who come to Cape Cod for seafood, stop by the Chatham Fish Pier Market, adjacent to Chatham Bars Inn’s cottages along the scenic bluff. A lobster or scallop roll or fish and chips make a classic, lip-smacking shore lunch seasoned by the salty air.

**Sunday**
6 a.m.  **Take an exercise class**

Start your day with a complimentary exercise class. Guest favorites include Swim by the Sea, Total Body Workout and Gentle Flow Yoga. Or, book a private session with one of the Inn’s trainers.

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**Summer**

**Friday**
7 p.m.  **Enjoy America’s Favorite Pastime**

Cheering from the bleachers along with local fans at a Chatham Anglers baseball game is a quintessential family activity. Admission to Anglers games is free at Veterans Field, less than a mile from the Chatham Bars Inn. The Cape Cod Baseball League is recognized as the best amateur summer league in the country, with many players eventually graduating to the pros.

**Saturday**
10 a.m.  **Discover Downtown Chatham**

Grab an early breakfast at Chatham Bars Inn, then head into town to stroll Main Street, voted one of the 10 great American shopping streets by USA Today. Pick up beach toys and flip-flops along with a dose of nostalgia at Ben Franklin, an old-fashioned five-and-dime-type store that has a little bit of everything. Next, stop at Yellow Umbrella or Where the Sidewalk Ends – two independent bookstores on the same street – for beach reads to suit all ages.

2 p.m.  **Time to Swim and Sunbathe**

Spend the afternoon at the Inn’s beach or heated pool. Or, hop aboard the BarTender, Chatham Bars Inn’s locally crafted beach launch that provides complimentary shuttle service every 30 minutes to and from the outer beach, a beautiful section of the Cape Cod National Seashore that is only accessible by boat.

**Sunday**
9 a.m.  **Take some me-time for adults**

Send the kids off to Chatham Bars Inn’s supervised kids’ program for scavenger hunts, watersports workshops and more while you and your partner have breakfast on the Inn’s veranda and maybe a quick set of tennis on the Har-Tru courts.

**Sunday**
3 p.m.  **Strike Up the Band!**

After dinner, return to town for a band concert at the Whit Tileston Band Stand in Kate Gould Park, a scene straight out of a folk-art painting. Since 1932, the band has been playing weekly Summer Friday Night concerts featuring folk dances for children, dance numbers for grownups and community singing for everyone. Before or after, a cone of homemade ice cream at Buffy’s is a must – try peanut butter or salty caramel crunch.

**Sunday**
9 a.m.  **Take Some Me-Time for Adults**

Send the kids off to Chatham Bars Inn’s supervised kids’ program for scavenger hunts, watersports workshops and more while you and your partner have breakfast on the Inn’s veranda and maybe a quick set of tennis on the Har-Tru courts.

**Sunday**
9 a.m.  **Take Some Me-Time for Adults**

Send the kids off to Chatham Bars Inn’s supervised kids’ program for scavenger hunts, watersports workshops and more while you and your partner have breakfast on the Inn’s veranda and maybe a quick set of tennis on the Har-Tru courts.

**Sunday**
5 p.m.  **See the Seals**

Join a Chatham Bars Inn seal cruise aboard the custom-designed BarTender beach launch out into Sant Lyda’s Cove, home to hundreds of gray and harbor seals basking on the sandbars or playing in the surf.
Fall

5 p.m.
A RELAXING SAIL

Enjoy an early-evening sail aboard Stars & Stripes, the Inn’s beautiful, French-built Latitude Tandem sloop, and admire the sweeping vistas of Chatham’s coastline, historic landmarks like the Chatham Lighthouse and the barrier beach.

7 p.m.
AN ELEGANT DINNER

Share a toast to your weekend away and dig into an autumn garden salad and native crudo with shaved root vegetables – just two examples of the Inn’s seasonal cuisine inspired by local heritage, natural surroundings and the Chatham Bars Inn Farm.

10 p.m.
SEE THE CATCH OF THE DAY

A RIDE AT THE PIER

From August through Columbus Day, Friday through Monday, retired local fisherman, known as Pier Hosts, take to the new observation deck to expound on the varieties of fish being brought into the nearby Chatham Fish Pier as well as the history and future of Cape Cod’s small-boat fishing industry. It’s a rare opportunity for young and old to get a real taste of this traditional way of life, and it’s free.

12 p.m.
FALL FESTIVALS

The Chatham Merchants Association hosts two of the most beloved autumnal celebrations in town: Oktoberfest, a day of old-fashioned games, tasty German fare and beer and live music; and Pumpkin People in the Park, a celebration that features wildly original pumpkin displays crafted by local businesses and other creative folks. Or, borrow a Lexus from Chatham Bars Inn and visit a neighboring town for their take on fall festivals.

5 p.m.
RELAX BY THE FIRE

Cozy up in Chatham Bars Inn’s South Lounge with one of the most popular cocktails for the season, a Harvest Cosmo made with Triple 8 Cranberry Vodka, cranberry shrub, Cointreau and lime. The whole family can unwind while playing a board game from the Inn’s selection.

5 p.m.
SLIP INTO THE SPA

Treat your travel-weary body to a Deep Tissue Massage, transforming your stress into balance, or choose the Invigorating Hot Stone Massage, designed to ease fatigue and soothe an overtaxed nervous system. Afterward, enjoy the adults-only outdoor hot tub and heated pool deck, adjacent to the Chatham Bars Inn Spa’s Zen Garden.

6 p.m.
LEARN THE ART OF COCKTAIL MAKING

Join a class led by Chatham Bars Inn Master Mixologist Adam Couto. Themes range from Tiki Drinks to Hot Cocktails, and you can bring home recipe cards for whatever potent potables you sample.

6 p.m.
PANCAKES AND PLANES

For a memory-making breakfast, get a complimentary ride in a Chatham Bars Inn Lexus to Hangar B Eatery, located at the nearby Chatham Municipal Airport. While you wait for your food (the brioche bread pudding and red flannel hash come highly recommended), watch Pipers and Cessnas take off and land.

11 a.m.
WATCH LOCAL CANDY CRAFTING

Every Saturday from Thanksgiving to Christmas, the Chatham Candy Manor holds candy cane–making demonstrations. For those on your list with a sweet tooth, it’s a great place for stocking stuffers and gifts like their heralded homemade fudge.

2 p.m.
CELEBRATE THE SEASON

If you visit in mid-December, Chatham’s Christmas by the Sea Stroll weekend provides oodles of holiday cheer, including open houses at local businesses, caroling, gift-wrapping and kids’ activities. Chatham Bars Inn, all done up for the holidays, holds special events too, including gingerbread house workshops, a Teddy Bear Tea and wreath-making classes.

Winter

Friday

5 p.m.
SLIP INTO THE SPA

Treat your travel-weary body to a Deep Tissue Massage, transforming your stress into balance, or choose the Invigorating Hot Stone Massage, designed to ease fatigue and soothe an overtaxed nervous system. Afterward, enjoy the adults-only outdoor hot tub and heated pool deck, adjacent to the Chatham Bars Inn Spa’s Zen Garden.

4 p.m.
LEARN THE ART OF COCKTAIL MAKING

Join a class led by Chatham Bars Inn Master Mixologist Adam Couto. Themes range from Tiki Drinks to Hot Cocktails, and you can bring home recipe cards for whatever potent potables you sample.

4 p.m.
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8 a.m.
FIND PERFECT PRESENTS

Before leaving Chatham, gift-shop with gusto at one-of-a-kind downtown establishments like Yankee Ingenuity, The Mayflower Shop and Mark August, all of which have something for everyone on your list. Seasonally bedecked storefronts on both sides of Main Street are an Instagram-worthy bonus.
In 2018, Chatham Bars Inn’s Master Mixologist Adam Couto and his team were on a mission to develop a beverage menu that exuded the same sense of creativity that guests have come to expect from all areas of the Inn. Their quest to concoct cocktails with a sense of place led them all the way to Kentucky, where they called on the Maker’s Mark distillery to create a custom bourbon that concentrated the feeling of Chatham Bars Inn into every smooth sip. Chatham Bars Inn Marker’s Mark Private Select Vol. 1 became the inaugural spirit in the Inn’s ever-expanding litany of custom beverages.

BY DANI BURLISON

Creating Originals

Peek Behind the Bar

Couto and his team have created complimentary mixology classes offered weekly at Chatham Bars Inn from fall through spring. Each Friday in the South Lounge of the main Inn, novice mixologists gather to learn the tricks of the trade. Topics highlight everything from the history and elements of tiki drinks, tequila cocktails and wine-based spirits to exploring the history and impacts of Prohibition. One class, “Cocktail Lore,” explores the origins of cocktail names and the mythology surrounding some all-time favorite classic drinks.
Mayflower Brewing Company, a craft beer microbrewery located in nearby Plymouth, Massachusetts, brews and packages their beer by the sea using traditional brewing methods and ingredients to create recipes with a sense of place and New England’s changing seasons in mind. So, when Couto wanted to expand Chatham Bars Inn’s newly minted custom beverage program, he knew that they would be perfect for crafting specialty brews that emulate the atmosphere of the Inn. Bar menus change frequently at Chatham Bars Inn, and reflect the seasons, food menus and holiday celebrations. Half of each menu will depend on which of the Inn’s six bars guests find themselves at, with unique menu items to fit the vibe of the space, yet one item that is found throughout the property is Mayflower’s “Coastal Encounter,” brewed especially for the Inn.

Capturing a Unique Flavor

Couto says that the popular “Coastal Encounter,” is a favorite because of its crisp and dry-hopped light body. Chatham Bars Inn serves this refreshing pale ale year round. A popular pairing of the classic New England beer is to sip the cool, hoppy ale during one of the Inn’s sunset clambakes, which are set against the backdrop of the ocean in the summer months. Australian hops lend this golden brew flavors of lemongrass and citrus, resulting in a slightly bitter and fun thirst-quenching drink that incorporates the atmosphere of the surrounding land, sea and history.

A Taste of CBI at Home: BEER MAPLE FIZZ

2 tsp. local New England maple syrup
2 oz. Maker’s Mark Bourbon
2 oz. orange juice
1 oz. lime juice
4 oz. Coastal Encounter pale ale
orange ribbon

Mix it up:
1. Fill double old-fashioned glass with ice
2. Shake all ingredients with ice and double strain over fresh ice
3. Run an orange ribbon over rim of glass and drop on top of cocktail

COLLABORATION #1:

The Story

According to Couto, he and his team have worked with Maker’s Mark on three different barrel projects, including the Chatham Bars Inn Maker’s Mark Private Select Vol. 1, specifically for the Inn. This bourbon was so popular at the property that they sold out of the first barrel – the equivalent of 250 bottles of bourbon – in 10 weeks. At the Sacred Cod Tavern, drinks are modeled after the physical environment of the bar. A classic tavern with dark wood and low lighting, the tavern specializes in a variety of whiskeys, including the Chatham Bars Inn Private Select Bourbon from Maker’s Mark. “Whether it’s going to Kentucky and blending these bourbons or something else,” says Couto, “with everything we put on our menu, we want to have a story behind it.”

Capturing a Unique Flavor

“We built the flavor profile for the bourbon to work in a cocktail and to also be really nice neat or on the rocks,” says Couto. The Private Select Bourbon has notes of pepper with deep oak, which lends itself well to mixed drinks like the Bourbon Splash and reflects the classic atmosphere of the tavern where it is served. The subtle hints of cherry, vanilla and caramel, which balance the earthier flavors, offer a warm, deliciously smooth, satisfying flavor when drinking the bourbon neat.

A Taste of CBI at Home: COASTAL ENCOUNTER

2 oz. Coastal Encounter pale ale
4 oz. ginger ale
orange ribbon

Mix it up:
1. Fill highball glass with ice
2. Pour over ice in a tall glass and top with beer
3. Run an orange ribbon over rim of glass and drop on top of cocktail

COLLABORATION #2:

The Story

Mayflower Brewing Company, a craft beer microbrewery located in nearby Plymouth, Massachusetts, brews and packages their beer by the sea using traditional brewing methods and ingredients to create recipes with a sense of place and New England’s changing seasons in mind. So, when Couto wanted to expand Chatham Bars Inn’s newly minted custom beverage program, he knew that they would be perfect for crafting specialty brews that emulate the atmosphere of the Inn. Bar menus change frequently at Chatham Bars Inn, and reflect the seasons, food menus and holiday celebrations. Half of each menu will depend on which of the Inn’s six bars guests find themselves at, with unique menu items to fit the vibe of the space, yet one item that is found throughout the property is Mayflower’s “Coastal Encounter,” brewed especially for the Inn.

Capturing a Unique Flavor

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COLLABORATION #3: LA ALTEÑA DISTILLERY

The Story

It’s only natural, after the success of the bourbon and craft beer, that Couto’s journey to find the perfect tequila for Chatham Bars Inn’s waterview bars would culminate in another custom project. His latest endeavor, the acquisition of a Private Select barrel of reposado tequila, began in late 2019 when Couto and his team visited a distillery near Guadalajara, Mexico. The La Alteña distillery, which produces the popular El Tesoro tequila, was founded in 1937 in the mineral-rich highlands of Jalisco. Today, the grandson of the company’s original founder is El Tesoro’s master distiller. After tasting from four barrels of reposado, the Chatham Bars Inn team chose one with a flavor profile they all felt would meld perfectly with the waterview, tequila-focused Bayview Bar at the Inn. The custom tequila from El Tesoro hits the beverage menu at the Bayview Bar in summer 2020.

Capturing a Unique Flavor

El Tesoro ages their reposado tequila in American oak ex-bourbon barrels for up to 11 months. This in-depth aging process creates a sweet and smoky flavor with hints of vanilla and oak. Additional accents of fruit essence and dried complement the taste of agave with smoke and pepper notes. These slightly botanical flavors reflect the outdoor environment of the Bayview Bar.

A Taste of CBI at Home

LATITUDE 41

1 1/2 oz. El Tesoro Reposado Tequila
1 oz. passion fruit puree
1/2 oz. lime juice
1/2 oz. smoke simple syrup
sugar rim

Mix it up:
1. Combine all ingredients in mixer with ice and shake well
2. Rim glass with sugar and carefully fill with ice
3. Double-strain cocktail into prepared glass
Luxury and New England charm come together at Chatham Bars Inn’s serene seaside setting.

RECOMMENDED
Visit the Spa for an array of certified organic offerings that will give your skin new life. Revive dull-looking skin with the exfoliating and detoxifying powers of pure volcanic pumice and *Coffeea arabica* in the Organic Espresso Mud Body Scrub by Naturopathica. The Pure Results Organic Facial by Naturopathica offers customized treatment, developed by our skilled staff, after an in-depth consultation to identify your unique skincare goals.

A holistic approach to wellness.

The Spa at Chatham Bars Inn is focused on wellness, offering a soothing and restorative escape for body and soul.
Opt for a two-wheel tour of town.

In a town seemingly designed for cycling, Chatham is best seen by bike. Chatham Bars Inn’s fleet of complimentary bike rentals is waiting to take you from the soft sands of Lighthouse Beach to the bustle of Main Street.

**Recommended**

Join a leisurely Chatham Bars Inn-guided bike tour of town, including stops at Oyster Pond and the Monomoy Wildlife Refuge, all while learning tidbits of Chatham lore and history.

Dining options abound, highlighted by pier-to-plate and farm-to-table specials.

The Inn’s location, adjacent to the Chatham Fish Pier, assures fresh seafood every day. The nearby Chatham Bars Inn Farm provides fresh produce daily to the Inn’s four distinct on-site restaurants.

**Recommended**

Enjoy a seafood tower on The Veranda, lobster nachos at the Beach House Grill, freshly made tacos at the Bayview Bar, tableside lobster flambé in our signature restaurant STARS or the daily catch at the Sacred Cod Tavern.

With four dining options in the Inn, from casual eateries to the Forbes Four-Star signature restaurant, STARS, there’s a bite for every occasion, all with menus showcasing Chatham Bars Inn’s private farm offerings and pier-to-plate specialties.
Meetings, conferences and weddings are all more memorable when held at one of Chatham Bars Inn’s distinctive spaces, from our private beach to architectural favorites like the vaulted-ceiling Boathouse.

Our eight-acre Chatham Bars Inn Farm produces the freshest seasonal greens and vegetables, which in turn drive our culinary creativity through our restaurants, seasonal outdoor farm stand, farm dinners and private events.
Locals and visitors “share” what staying at CBI looks like for them.